

RAPID INTERNATIONAL, INC.

DIY DISASTER AND EMERGENCY PREPAREDNESS KIT CHECKLIST (2024)

Plan for a 72-hour (3 day) supply for each person.

	FOOD AND WATER		SHELTER
	Non-perishable food, snacks		Blankets, pillows
	Bottled water - 5-7 gallons		Bedding, sleeping bags
	Water purification system or filters		Emergency blanket
	Pet food, pet supplies		Warm clothing, extra socks and underwear
			Towels
	COMMUNICATION		Raincoat or poncho
	Battery-powered radio		Tent or tarps
	NOAA weather radio		
	Signaling mirror		SURVIVAL
	External batteries for devices		Prescription Medication, Medical Supplies
	Charged phones, tablets, computers		Over-the-counter medication
			Pocket knives and multitools
	SANITATION AND HYGIENE		Paracord and duct tape
	Toothbrush and toothpaste		Manual can opener
	Toilet paper/tissues		Mess kits for each person or
	Comb/brush		plastic/paper plates and utensils
	Hand sanitizer		Fire Extinguisher
	Soap and/or body wipes		Sewing Kit
	Feminine supplies		Shovel, hatchet/ax, wrench, hammer, pliers
	Baby wipes and diapers		Camping gear
	Trash bags		Firestarter, flint, tinder
	First aid kit		Maps, compass
	Contact lens/solution		
			OTHER IMPORTANT ITEMS
	LIGHT		Cash
	Flashlight for each person		IDs, important documents - deeds, policies,
	Batteries (including hearing aids)		wills, tax records, birth/marriage records
	Matches		Supplies for infants, elderly, ADA equipment
	Flares		Baby supplies
	Emergency candles		
	Headlamps		KIDS
			Activity books, puzzles, games, books
			Favorite stuffy